



"No need to tell you this is our most expensive number."

Arthritis One of Oldest Diseases Plaguing Human

K. H. SUTHERLAND, M.D.
County Health Officer

Arthritis is one of the oldest diseases known. Skeletons of prehistoric man show evidences of rheumatism similar to some of the types found in human joints today. In spite of the venerable age of this disease, the causes are largely unknown and there is no known cure. This disorder afflicts more people than cancer, heart disease, and tuberculosis combined.

It is a term applied to a large group of rheumatic conditions affecting the various joints of the body. Some forms of the disease come and go, get worse and then better. More than 70 per cent of all cases fall into two main groups: rheumatoid arthritis, a disease that affects the entire body producing inflammation of the joints, muscles, tendons, and ligaments; and osteoarthritis, which is primarily a disease of aging.

Arthritis are a gradual loss of appetite and weight, fatigue, generalized muscle weakness, morning stiffness, and aching, pain and swelling in the joints. In osteoarthritis, pain and stiffness may be in the back, hips, knees or fingers. Tingling of the hands may also occur. Joint damage may be hidden. Arthritis victims in the United States number approximately 10,000,000, and about one million of them are permanently disabled. The disease afflicts men, women and children.

In children, rheumatic fever is the most common form of the disease; in older persons it is osteoarthritis. As a matter of fact, osteoarthritis affects the joints in nearly every one over 50, causing pain in about one out of every 20 cases.

Over one-half of the disability from arthritis occurs among persons under 45 years of age. Only 15 per cent of these cases were found in elderly people. Owing to the disabling nature of rheumatoid arthritis the economic loss involved is tremendous, since more than 238,000,000 days of restricted activity are annually attributed to arthritis and recent U.S. National Health survey report.

Much of the suffering and loss could be avoided if medical attention was sought when symptoms of the disorder first appeared. If allowed to continue unchecked, crippling and deformity may result. Once established there is no quick, easy road to recovery. Many drugs and certain hormones have been tried with varying degrees of success. A properly balanced diet and adequate rest are needed by all persons who suffer from any form of arthritis and, in some instances, a mild, dry climate seems to be helpful.

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Health Officer in Warning About Suspected Tuna Pack

Local housewives should be on the lookout for cans of tuna in their pantry shelves under the brand names of Tastewell, Ocean Beauty, or Drake's Bay, for any of these brands may be contaminated with the toxin of the deadly botulinus bacillus, according to a warning issued by Dr. K. H. Sutherland, Los Angeles County Health Officer.

in more than 35 years, said Dr. Sutherland. However, food in bulging or leaking cans should never be tasted or eaten, he added, as there is a good possibility that it is unsafe to eat.

Aero-Space Firm Grows With City

The aero-space industry is growing, and with it Torrance is becoming the center for more research and manufacturing facilities. The latest addition is General Technology Corp.

This warning does not apply to any other brands of tuna, all of which are perfectly safe to use, said Dr. Sutherland. The incriminated brands were produced and distributed only by the Washington Packing Co. in San Francisco, a new company which started in business last December and is now closed.

A FEW WEEKS AGO, following the death of two women in Detroit after they had eaten some Tastewell brand tuna, the A. & P. Co. removed all Washington Packing Co. tuna from store shelves throughout the country. However, cautioning Dr. Sutherland, consumers should look through food stocks for all of these brand names, even though distribution of the brands, Ocean Beauty and Drake's Bay were limited to northern California. As far as can be determined by the California State Health Department, he added, no shipment of these products was made to northern California.

The company was formed in 1960 by seven men, and began its initial work in temporary quarters on Hawthorne Blvd. Today, the staff of General Technology works out of a 15,000 square-foot plant at 3510 Torrance Blvd. The company's space-oriented research, engineering, and manufacturing activities include space simulation facilities that duplicate known conditions at altitudes in excess of 350 miles. Quantum electronics and plasma propulsion research is also being conducted.

In addition, though probably of no concern locally, a large shipment of passover white meat tuna was produced by Washington Packing for Dagny Tahorin of Brooklyn, and some of it was sent to shops in the New York area before distribution could be stopped. Small shipments also went to Atlanta, Chicago, and Detroit.

There are currently 51 members in the scientific and executive staff.

Burglars Loot Clothing Store

Approximately \$500 worth of clothing was stolen early Monday morning by thieves who broke a large display window at Kam's Store for Men, 2589 Pacific Coast Hwy.

REGARDLESS of brand name, all Washington Packing Co. tuna can lids were marked with the code numbers W Y2 or W Y3. Any tuna packed in a can marked with either of these numbers should be sent at once to the State Health Department, 2151 Berkeley Way, Berkeley 4, or brought in to the local health center.

Coats, dress shirts, ties, and cotton pants were taken. Mannequins and displays were knocked over. Police found a large rock inside the store which had been used to break the window.

This is the first botulinus episode in this country's commercially canned food products

Police were notified of the incident by an alarm control.

JOHNSON'S FROZEN

PIES

FRUIT or CREAM

59¢

DETERGENT

TIDE

GIANT PKG.

69¢

24-OZ. BOTTLES
WESSON OIL
3 FOR **95¢**

SPRINGFIELD
OLEO
6 1-LB. PKGS. **99¢**

M.J.B.
COFFEE
LB. CAN **59¢**
2-LB. CAN...1.17 3-LB. CAN...1.69

DOLE'S — 46-OZ. CANS
PINEAPPLE JUICE 4 for **99¢**
BIG ROLLS — ASSORTED COLORS
SCOT TOWELS 3 for **89¢**
ASSORTED COLORS
SCOT TISSUE 10 for **99¢**
½ GALLON
PUREX BLEACH **35¢**

HEINZ BABY FOOD
STRAINED 3 for **25¢** JUNIOR 2 for **25¢**

GREEN GIANT — WHOLE KERNEL
GOLDEN CORN NO. 303 CANS 5 for **89¢**
NABISCO — DATE-NUT or MACAROON
COOKIES 14-OZ. PKGS. 2 for **89¢**

BIRDSEYE — FROZEN 10-OZ. PKGS.
Brussel Sprouts or Broccoli Spears 4 for **99¢**

ORE-IDA — FROZEN
TATER TOTS LB. PKG. **25¢**

SWIFT'S — 24-OZ. CANS
SPAGHETTI AND MEAT BALLS 3 for **99¢**

WONG'S — FROZEN
CHICKEN CHOP SUEY • SHRIMP CHOW MEIN **49¢**
FRIED RICE • PORK CHOP SUEY

SKIPPY
DOG FOOD
12 NO. 1 TALL CANS **99¢**

PILLSBURY'S BEST
FLOUR
5 Lb. Bag **49¢**

SPRINGFIELD
CUT GREEN BEANS • SLICED BEETS
PEAS or CREAM STYLE CORN
6 No. 303 Cans **79¢**

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PERSONAL BUTCHER SERVICE — WE CUT MEATS THE WAY YOU LIKE!

CHUCK ROAST	GROUND BEEF FRESH AND LEAN 3 lbs. \$1.09
39¢ lb.	CHUCK STEAK 49¢ lb.
PORK SHOULDER ROAST	7-BONE ROAST 49¢ lb.
27¢ lb.	0-BONE ROAST 53¢ lb.
	PORK BUTT ROAST 43¢ lb.
	WHOLE BODY FRYING CHICKENS 29¢ lb.

LAUGHING "WILD BILL" ALKIRE AND LEON DYER TO PERSONALLY SERVE YOU

FRESH PRODUCE
U.S. NO. 1 RUSSET
POTATOES 10 lb. Cello **39¢**

SOLID GREEN HEADS
CABBAGE 5¢ lb.

FRESH DAILY — LOCAL SWEET, LARGE
STRAWBERRIES 4 Boxes **1.00**

FRESH
CARROTS 2 1-lb. Cello Bags **19¢**

ROY'S MARKET
FORMERLY BRAD'S
SPECIALS FOR THURS., FRI., SAT., SUN., APRIL 18-21

24020 NARBONNE - LOMITA
WHERE ARLINGTON BECOMES NARBONNE

We Give BLUE CHIP STAMPS

DON'T TAKE A TUMBLE!

CLUTTERED WALKWAYS AND DRIVEWAYS CAN CAUSE SERIOUS INJURIES. SEE THAT BICYCLES AND OTHER OBJECTS ARE KEPT IN THEIR PROPER PLACES!